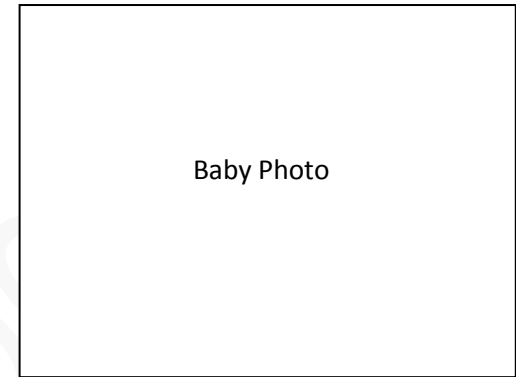




Name of the baby :

Age of the Baby :



Day	Breakfast	Mid Morning Snack	Lunch	Evening Snack	Dinner
Monday	Porridge	Soup	Khichdi	Finger Food	Dosa
Tuesday	Cheela	Finger Food	Pongal	Juice	Porridge
Wednesday	Kheer	Paneer	Ghee Rice	Finger Food	Paratha
Thursday	Pancake	Fruit Smoothies	Khichdi	Bread Sticks	Porridge
Friday	Cereal	Finger Food	Jeera Rice	Cheese	Pancake
Saturday	Idli	Flavoured Yoghurt	Porridge	Finger Food	Khichdi
Sunday	Upma	Finger Food	Khichdi	Soup	Porridge

Notes :

